



# Good and bad influences

# Recap:



WHAT DOES IT MEAN TO BE  
INFLUENCED?



CAN YOU THINK OF SOME  
EXAMPLES OF BEING INFLUENCED?

# ‘Influencers’

This is what we usually call people that we see on social media. There are currently a lot of influencers on social media

# Good influences

Family members

Teachers

Friends

Famous people

People in history

Can you think of someone that has influenced you in a positive way?

# What are negative influences?



A negative influence is **Something or someone that teaches others to do wrong or to make them have bad thoughts about someone or encourages wrong actions and thoughts.**



Can you think of any negative influences?

## What impact can negative influences have on us?

- ▶ They can make us feel bad about ourselves and affect our confidence
- ▶ They can lead us to make bad decisions
- ▶ They can cause us to change our behaviours towards others in a negative way



# Types of negative influences

- ▶ People
- ▶ Advertising
- ▶ What we see on the internet (Social media, Youtube, Roblox)

Why is it important to recognise what influence someone is having on you?

Reflection:

