

Physical Education: Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Introduction to PE Unit 1	Dance Unit 1	Fundamentals Unit 1	Fundamentals Unit 2	Ball Skills Unit 1	Balls Skills Unit 2
	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride
R	Introduction to PE Unit 1/2	Dance Unit 1	Fundamentals Unit ½	Gymnastics Unit 1	Ball Skills Unit 1/2	Games Unit 2
	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride	Ready Set Ride
Y1	Fundamentals	Dance	Yoga	Gymnastics	Invasion	Athletics
Y2	Team Building	Fitness	Gymnastics	Ball Skills	Net and wall	Striking and Fielding
Y3	Fundamentals	Gymnastics	Dance	Yoga	Outdoor Adventurous Activities (OAA)	Athletics
Y4	Fitness	Gymnastics	Dodgeball	Handball	Cricket	Athletics
Y5	Basketball	Gymnastics	Yoga	OAA	Tennis	Athletics
	Swimming	Swimming				
Y6	Basketball	Badminton	Gymnastics	Fitness	Cricket	Athletics

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