

Thursday, 14 March 2024

RE: SEN Workshop

Dear Parents/Carers,

We are writing to invite you to a SEN Workshop, on the topic of Sleep and SEND children. This coffee morning will be slightly different as it will be a virtual session with Helen Rutherford, a Specialist Sleep Practitioner for the Sleep Charity. There will also be an opportunity to direct any questions you have to Helen at the end of the session.

In this virtual session, Helen will cover the following topics;

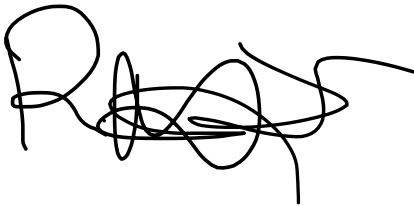
- Explore the physiology of sleep
- Understand some common sleep issues
- Look at why children with SEND struggle more than other children
- Introduce strategies tailored for our children
- Routines; what they are and how to create one that suits your child

The SEN Workshop will take place on **Friday 15th March 10:00-11:00** in the Infant Hall at Prince Albert Primary School.

Please make every effort to attend as this will be a useful and informative session which you could use to help you support your child.

We look forward to working with you.

Yours sincerely,



Mrs R. Matthews
Nurture Teacher
Prince Albert School

اگر اس خط کے پڑھنے میں آپ کو مدد چاہے تو برائے مہربانی اس کو سکول کے دفتر میں لے آئیں
এই চিঠিখানা পড়তে যদি কারো সাহায্য চান তবে দয়া করে চিঠিখানা নিয়ে বিদ্যালয়ের অফিসে আসুন