**Physical Development**

We will be thinking about how to travel safely around the environment when jumping, skipping and hopping. We will also be talking about why it is important to look after our teeth

**How to help at home:**

Talk to the children about importance of brushing their teeth.

Please ensure your child wears their correct P.E kit on Friday.

**Reception – Term 2.1**

**Communication and Language**

Children will be understanding how to take turns in pairs and in small groups. They will also be learning to ask questions to find out more information about something.

**How to help at home:**

Talk to your child and allow them to ask you questions to find out more information. To begin to use ‘and’ and’ because’ to extend their sentences.

**Personal, Social and Emotional Development**

We will be thinking about what healthy eating is, what foods are healthy and why it is important to have a healthy lifestyle. Also, to understand making mistakes, is a part of learning

**How to help at home:**

Discuss which foods are healthy and what is not. Also, to understand there should be a balance of what we eat.

At

**Phonics and Reading**

During our phonics sessions we will be learning the phase 3 sounds and high frequency words. We will also be blending those sounds to make words, and segmenting sounds in words. This will help us with our reading and our writing.

**Expressive Arts and Design**

We will be listening to different music and talking about how the music makes us feel

**How to help at home:**

Listen to music at home and talk to each other about how the music makes us feel.

**Understanding the World**

Children will be learning about different countries and the similarities and differences to the country we live in

**How to help at home:**

Talk to the children about different countries and different ways to travel.

**Mathematics**

We will be focussing on numbers up to 5 and using the numbers in addition and subtraction calculations using objects to help us.

**How to help at home:**

Use objects for addition and subtraction up to 5.

**Literacy**

We will be learning phase 3 sounds in phonics this half term. We will be encouraging children to write simple words using the phase 3 sounds

**How to help at home:**

Daily practice of the phase 3 sounds and segment and blend simple words.