

March 2023

RE: Ramadhan



Dear Parents/Carers,

With the start of Ramadan approaching, we know that some children will wish to take part in fasting. In general, it is not recommended that pupils of primary age fast for a prolonged period of time. We would advise that it is best to do this at the weekend when parents can supervise.

We recognise that some of the pupils in Year 5 and Year 6 may have reached the point where they begin fasting. If this applies to your child, **we need the slip below signed, dated and returned to a member of SLT before Ramadan begins** in order to ensure that all pupils are safe and accounted for at lunchtime. Children will need to remain in school and not be taken home for lunch. The appropriate arrangements will be made in school to support them.

I would like to take this opportunity to wish all our parents and carers who will be observing the upcoming month of Ramadhan a peaceful and prosperous month.

Yours sincerely

Mrs S Patel
Deputy Head

Child's name: _____ Class: _____ will be fasting until Ramadan ends.

I give permission for the school to end the fast with food and/or water should they feel it is essential for the wellbeing of my child.

Signed _____ Parent/Guardian)

Date _____


